



# Find Love Safely

## CDCS Service Overview for Case Managers

### Purpose

This one-page overview explains what Find Love Safely provides, how services are delivered, pricing (for reference), and how individual service components may be authorized under **Minnesota Consumer Directed Community Supports (CDCS)** as non-clinical, individualized supports.

---

### What Find Love Safely Is

Find Love Safely provides **structured, safety-first social connection and relationship education** for adults with intellectual and developmental disabilities (IDD).

The service is designed to:

- Reduce social isolation
- Support community participation
- Build communication, boundary-setting, consent, and relationship skills

All services are human-led, supervised, and voluntary.

**Find Love Safely is not a dating app** and does not provide psychotherapy, counseling, or medical treatment.

---

### CDCS-Authorizable Service Components

Find Love Safely services may be authorized individually under CDCS based on the person's ISP goals.

## **1. Facilitated Social Connection & Matching Support**

- Human-led facilitation of social introductions
- Aligned with individual goals, preferences, and safety considerations
- No open or unsupervised member-to-member messaging

---

## **2. Group Relationship Education (Virtual Workshops)**

- Small-group virtual sessions
- 45 minutes per session
- Up to two sessions per month
- Topics include friendship, communication, boundaries, consent, online safety, and dating readiness

---

## **3. Individualized Support Check-Ins (Concierge level only)**

- 1:1 virtual check-ins via Zoom
- 30 minutes, quarterly
- Administrative review of:
  - Living situation changes
  - Caregiver involvement
  - Preferences and boundaries
  - Alignment with goals and safety needs

These check-ins are **support-focused and administrative**, not therapeutic.

---

## **4. Structured Social Events & Supported Community Participation**

- In-person or virtual social events when available
- Staff-supported participation
- Focused on safe community engagement and reducing isolation

---

## **5. Individualized Relationship Support Sessions (Optional/Case-by-Case)**

- 1:1 virtual sessions
- Typically 60 minutes per session
- Frequency determined by ISP goals and case manager authorization

**Purpose:**

- Reinforce relationship and communication skills
- Support decision-making related to social situations
- Prepare for or process social interactions
- Clarify boundaries, consent, and expectations

This service is **educational and skill-based**, not psychotherapy or counseling.

**Availability:**

- Included in the Concierge level of support
- Available as an optional add-on for Core and Essentials members
- CDCS authorization is determined on a case-by-case basis

---

## CDCS-Facing Service Comparison Table

Service Component	Core	Essentials	Concierge	CDCS-Authorizable
Facilitated Social Introductions & Matching Support	✓	✓	✓	✓
Group Relationship Education (45-min virtual workshops)	—	✓	✓	✓
Quarterly Individualized Support Check-Ins (30 min, Zoom)	—	—	✓	✓
Local Structured Social Events (when available)	✓	✓	✓	✓
Ongoing 1:1 Coaching	Optional add-on	Optional add-on	✓	Case-by-case

---

## **CDCS Authorizable Line Items (Service-Based Equivalents)**

For CDCS purposes, Find Love Safely services are authorized as **individual supports**, not as a blanket membership. The following service-based equivalents may be authorized based on ISP goals and case manager approval:

---

### **1. Community Integration: Facilitated Social Connection Support**

Structured, human-led social introductions and support designed to reduce isolation and increase safe participation in friendships and relationships.

- Aligned with individual goals, preferences, and safety considerations
- No open or unsupervised member-to-member messaging

---

### **2. Treatment & Training: Relationship Education**

Training and education services that increase the individual's ability to navigate social interactions, communication, boundaries, consent, and relationship safety.

- 45 minutes per session
- Up to two sessions per month
- Educational and skill-based (not clinical)

---

### **3. Support Planning / Administrative Coordination (Concierge only)**

Quarterly, non-clinical check-ins to review changes in living situation, caregiver involvement, preferences, and service alignment.

- 30 minutes per session
- Administrative and support-focused (not therapy)

---

### **4. Community Participation: Structured Social Events**

Staff-supported participation in social opportunities designed to promote community engagement and reduce isolation.

- In-person or virtual, when available
- Participation is voluntary and supported

---

## **5. Individualized Relationship Support Sessions (Optional / Case-by-Case)**

Individual, non-clinical sessions focused on reinforcing relationship skills and supporting safe social decision-making.

- 60-minute virtual sessions
- Frequency determined by ISP goals and case manager authorization

**Purpose may include:**

- Reinforcing relationship and communication skills
- Preparing for or processing social interactions
- Supporting decision-making related to boundaries, consent, and expectations

This service is **educational and skill-based**, not psychotherapy or counseling, and does not replace mental health or clinical services.

**Availability:**

- Included in the Concierge level of support
- Available as an optional add-on for Core and Essentials members
- CDCS authorization is determined on a **case-by-case basis**

*Authorization, scope, and cost-effectiveness are determined by the case manager and must align with the individual's ISP.*

---

## **Pricing (Private-Pay Reference)**

*For CDCS, services are authorized as individual components rather than as a membership.*

- **Core Program:** \$349 per year
- **Essentials Program:** \$1,299/year or \$129/month (3-month minimum)
- **Concierge Program:** \$2,799/year or \$259/month (3-month minimum)
- **Individualized relationship support session** (1:1, 60-minute virtual session):  
\$150/session (*included monthly in Concierge; optional add-on for other levels with case manager approval*)

---

## How This Differs From Therapy or Coaching

- Educational and skill-based, not clinical
- Does not diagnose or treat mental health conditions
- Does not replace therapy, counseling, or medical services
- Complements clinical supports by addressing real-world social participation and safety

---

## Sample ISP Goal Language

Support the individual in developing communication, social, and relationship skills through structured relationship education and facilitated social supports to reduce isolation and increase community participation.

---

## Important Note

Inclusion of Find Love Safely as a CDSC support is determined by the case manager and must align with the individual's ISP goals and CDSCS plan.

# Find Love Safely – CDCS Case Manager FAQ

*Non-clinical, person-centered social connection & relationship education*

## **What is Find Love Safely?**

A human-led, safety-first program supporting adults with intellectual and developmental disabilities (IDD) in building social connection and relationship skills. Services are voluntary, educational, and supervised.

## **Is this therapy or clinical treatment?**

No. Services are educational and skill-based and do not diagnose, treat, or replace therapy, counseling, or medical services.

## **How can services be authorized under CDCS?**

Services are authorized as individual supports (not a blanket membership) when aligned with ISP goals, such as community integration, relationship education, or supported participation.

## **Common ISP Goal Alignment**

Reducing isolation, increasing community participation, improving communication, boundaries, consent, and social decision-making.

## **Services May Include**

- Facilitated social introductions
- Group relationship education workshops
- Supported social events
- Non-clinical individualized check-ins (Concierge)
- Optional 1:1 relationship support (case-by-case)

## **Why some families request Concierge**

Concierge offers added structure, continuity, and individualized support reviews that often align well with ISP goals. Authorization is based on individual need.

## **Safety Features**

No open messaging, human oversight, consent and boundary education, and supported participation.

## **Billing & Next Steps**

Upon approval, the case manager authorizes services, the FMS provider coordinates payment, and Find Love Safely completes onboarding.

## **Contact**

Katherine Gyolai, CEO and Founder

[katherine@findlovesafely.com](mailto:katherine@findlovesafely.com)

[www.findlovesafely.com](http://www.findlovesafely.com)